Assessment of Technical Skills

1. The participants will be able to demonstrate their personal technical skills in practical skills tests and by filling in a personal skills card.
2. The practical skills tests will be evaluated by the trainer in accordance with the assessment criteria below.
3. The point of time, place and method of performance for the skills tests will be given by the trainer during the training course.
4. The evaluation of the skills card items will be conducted as self-evaluation and peer-evaluation supported by the trainer. The evaluation is as follows: “appropriate performance / training required”. The skills included in the skills card will be trained and evaluated during the training course.

Technical skills tests [For successful course completion 4/4 tests will have to be passed successfully]

1. Switch Up Unweighted skidded turns

- ✔ The rider maintains an active and natural ready position.
- ✔ The speed is calm and the movements are appropriate.
- ✔ The phases of the turns are clearly demonstrated.
- ✔ The rider makes skidded turns and the turns are appropriately steered up and finished.

2. Down Unweighted Carved Turns

- ✔ The rider maintains an active and natural ready position.
- ✔ The movements are appropriate.
- ✔ The speed is controlled and suitable for the slope.
- ✔ The phases of the turns are clearly demonstrated.

3. Freeride

- ✔ The rider maintains an active and functional riding position well suited to the situation
- ✔ The rider shows appropriate movements with functional timing (weigting / unweighting)
- ✔ The rider makes suitable turns and the turns are appropriately steered up and finished.
- ✔ The riding is suitable for the environment and part of the run must be switch.

4. Freestyle performance

- ✔ The rider maintains an active and functional riding position well suited to the situation
- ✔ Backside 180, switch backside 180
- ✔ Ollie takeoff
- ✔ The tricks are performed fluently and the rider maintains appropriate speed control.

Skills card [For successful course completion 4/6 tests will have to be passed successfully]

The following skills items will be trained and assessed during the course using self-evaluation and peer-evaluation supported by the trainer.

1. **Switch one-foot turns**
2. **Switch carving turns**
3. **Ollie jump from a small feature**
4. **Tricks in snow contact with counter rotation**
5. **Edge-pressure-steering sequence in turns**
6. **Switching**

Assessment of professional suitability | Continuous assessment throughout the whole training course

- ✔ The instructor candidate’s general behaviour and actions are in accordance with the principles of equality and appropriate for customer service tasks. The trainer needs not interfere in any way with the candidate’s behaviour or activities during the course.
- ✔ The student participates in the scheduled program with appropriate equipment.
  (If needed, the student is allowed to be absent for half a day for compelling reasons. Any periods of absence will have to be agreed on in advance with the trainer)
- ✔ During the course, the student actively participates in all activities, including self-directed activities and activities in pairs and different groups.
- ✔ The candidate shows adequate language skills and interaction skills as required for snowsports instruction tasks.